



Proudly presented by  
@heartscapepsychology 

# SUPER SKILLS

## Mastering Self-Regulation for Kids

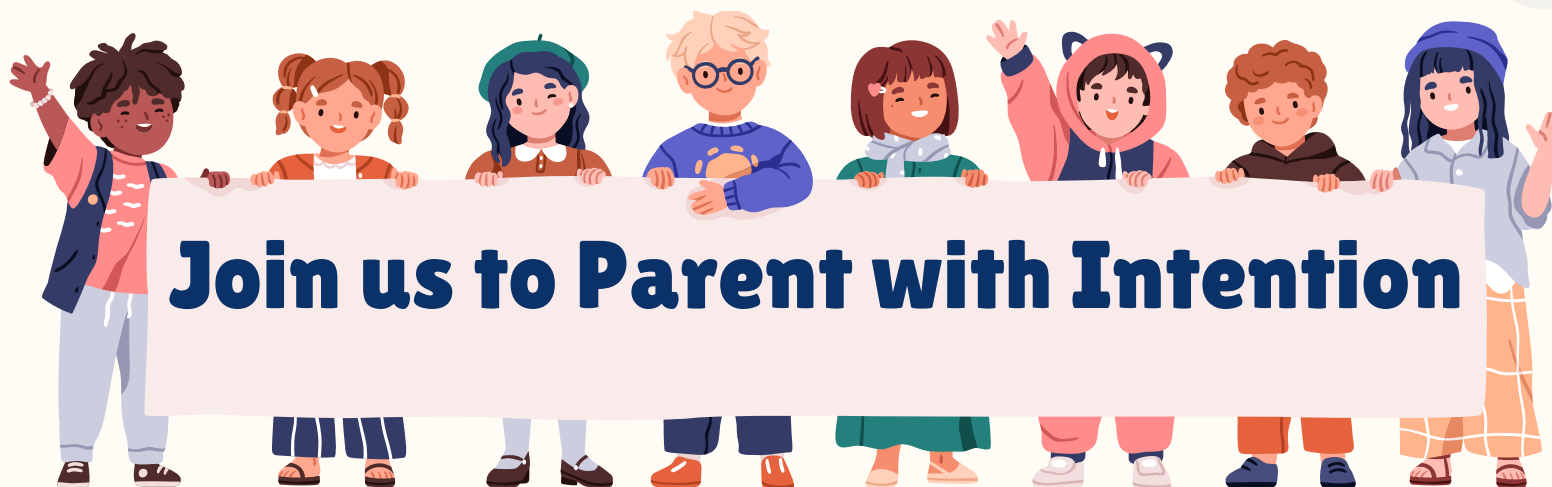
Bespoke workshop  
tailored to your child!  
Share an example of  
their experience at  
registration 



**Gain valuable insights to nurture your child's  
emotional self-regulation!**

**For parents/caregivers/educators with  
children aged 3-12 years old**

**08 March 2025 (Sat) • 9:30 am-11:00 am**  
**Heartscape @ Clarke Quay**  
**40 Carpenter Street, #04-01, S (059919)**  
**Cost: \$50 • Light refreshments included**



**Join us to Parent with Intention**

## Our Educational Psychologist

- Amelia provides psychological assessments and therapy for children for a wide range of learning, development and emotional difficulties
- A decade of experience nurturing and supporting children's growth



**MEET  
AMELIA**

## What Can You Expect?

- Gain understanding of common **parenthood challenges** & effective ways to navigate them
- Recognize behaviors that reveal your **child's underlying needs**
- Strengthen your bond by guiding your child through **emotional dysregulation** together
- Experience **tailored skills-sharing** using your real-life experiences for personalized learning

Sign up now by scanning the QR code! ⏰ Closing on 1st March 2025



[tinyurl.com/superskillssignup](https://tinyurl.com/superskillssignup)